

Metro Cebu **Rotary** Club



**Official bulletin of the Rotary Club of Metro Cebu
District 3860 Philippines
Admitted to Rotary International: 03 June 1978
Club ID: 17123**

**The Rotary Club of Metro Cebu (RCMC) meets every 1st and 3rd Wednesday of the month
12Noon at the Casino Español de Cebu, Ranudo St., Cebu City, Philippines**



Rotary



THE FOUR-WAY TEST

Of the things we think, say, or do

The Four-Way Test is a nonpartisan and nonsectarian ethical guide for Rotarians to use for their personal and professional relationships.



OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

The Rotarian Pledge

I am a Rotarian.

I will always uphold the truth.

I am a Rotarian.

I will always strive to be fair in all my dealings with fellow human beings.

I am a Rotarian.

I will always endeavor to build goodwill and understanding in my community, among my countrymen, and among people of all nations.

I am a Rotarian.

I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.

I am a Rotarian.

I will always observe the Rotary International motto:

Service Above Self.

The National Rotarians World



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ROTARY CLUB OF METRO CEBU
RI DISTRICT 3860, CLUB NO. 17123

Casino Español de Cebu
Ranudo St., Cebu City

Meets every 1st and 3rd Wednesday of the Month, 12 NN

LCOME TO OUR BI-MONTHLY REGULAR MEETING

October 02, 2024

PROGRAM

1. Call To Order by Pres. Ma. Emma A. Ramas
2. Invocation, Philippine National Anthem and Rotary Hymn
3. Four Way Test
4. The Rotarian's Pledge
5. Introduction of Guest and Visiting Rotarians
6. Fellowship Singing
7. Guest Speaker: PDG Lilo "Lilu" I. Aliño
8. Secretary's Report
9. President's Report
10. Other Matters
11. Adjournment



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ROTARY HYMN

I want to be a Rotarian for the world
Make the Rotary flag as the flag of peace unfurled
I shall serve, my community, help achieve universal unity.

Through Rotary, I shall dedicate my all
World understanding shall be my cherished goal

With the 4-way test, ill pursue my quest
And if I, in a way help obtain
Peace in the world, I shall not have lived in vain

I observe service above self
Lend a hand to all who need my help
I'll get my spouse to involve in Rotary
And in Rotary ways, I will train my family

With the four way test, we'll pursue our quest
And if we, in a way help obtain
Peace in the world, we shall not have lived in vain.

Build a bridge for tomorrow's youth
Strengthened by nothing but the truth

Let's join our hands, there's no reason we'll divide
We shall all understand why the good Lord is our guide

With the four way test, ill pursue my quest
And if I, in a way help obtain
Peace in the world I shall not have lived in vain

Peace be achieved, we shall have not lived
in vain.



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WELCOME

OUR GUEST SPEAKER:

Lilo “Lilu”
Itaas - Aliño

Past District Governor

“The Power of Public Image”



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RI President's Message



Stephanie A. Urchick
President 2024-25

October 2024

With World Polio Day on 24 October, I'm proudly rooting for Rotary as we team up around the world to End Polio Now.

I had the honor of attending a Strike Out Polio event in July at PNC Park, home of the Pittsburgh Pirates MLB team. The Rotary Club of Delmont-Salem hosted the event, which raised \$1.3 million for PolioPlus.

Later in the summer, I joined members of our Rotary family in supporting the Más Millas Menos Polio (More Miles Less Polio) bike ride. Felipe Meza Chávez and his team rode all the way from Ciudad Juárez, Mexico, to One Rotary Center in Evanston, Illinois, to raise money and awareness. The ride took 12 days, and Felipe and his team collected more than \$100,000 to support the fight against polio. It was a joy to greet them as they arrived in Evanston.

And I was thrilled to see Team End Polio raise global awareness around the 2024 Paris Olympics. This world-class roster of

athletes, global leaders, and polio eradication supporters came together to advocate for a world where no child has to live in fear of being paralyzed by polio. Some of the athletes on Team End Polio are polio survivors themselves, adding weight to their advocacy.

These are just a few examples of the many ways Rotary has teamed up recently to End Polio Now. It is vital that we continue to seek out and recruit teammates in polio eradication, especially after the challenges our eradication efforts have faced this year.

The Rotary world was heartbroken to learn about the tragic passing in August of Aidan O'Leary, director for polio eradication at the World Health Organization.

I knew Aidan and worked with him directly. He was a tireless advocate in the fight against polio and a kind, genuine man. We will remember him both for his advocacy and his warmth.

But where there is hardship, there is also hope. I feel hopeful whenever I consider the countless ways Rotary supports the fight every day to eradicate polio.

As people of action, we don't have the luxury of giving in to despair, even in the face of tragedy. The best way to honor Aidan's memory is by teaming up and reaching our goal to End Polio Now.

We made a promise to the children of the world and their families. It is incumbent upon us, together with our global partners, to end this threat once and for all.

There are so many ways we can team up to eradicate polio. You can donate to the End Polio Now campaign, join or initiate a PolioPlus Society in your club or district, or take inspiration from the fundraisers I mentioned above.

I encourage Rotary members around the world to continue to seek out new teammates, so that together, we end polio.



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Rotary International Calendar

October 2024

**Community Economic Development
Month**

7-13 October — Rotary Alumni Reconnect
Week

24 October — World Polio Day

30 October–2 November — Rotaract UN Days:
Future Global Leaders in Action



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President's Time

Dear Fellow Rotarians,

As we close another eventful month, I would like to extend my heartfelt gratitude to all our members for your active participation and support. Your unwavering commitment truly embodies the spirit of "Service Above Self" and continues to strengthen our club's presence in the community.

We began the month with two well-attended regular meetings on September 4 and 18. It was inspiring to witness your engagement and enthusiasm as we discussed club activities and our shared goals for the Rotary year. I would like to thank all of you for giving me the opportunity to discuss the Cebu City Solid Waste Management Short-Term Plan during the September 4 meeting.

A significant highlight this month was the induction of the new officers of the Interact Club of Sacred Heart School - Ateneo de Cebu. We were honored to have the valued support of Dr. Josefina Zabate, our dedicated Interact Coordinator. Thank you, Dr. Zabate, for your leadership in nurturing the youth who will one day continue the Rotary legacy.

Additionally, our club played an active role in the District activity on September 21, 2024, for World Coastal Cleanup Day and Mangrove Planting. This activity, led by the power couple Architect Jonathan and Dr. Josefina Zabate, made a meaningful impact in our efforts to protect and preserve our environment. The participation of our members exemplifies our club's dedication to addressing critical environmental issues. Simultaneously, we were all encouraged to participate in the clean up activity by cleaning our premises at home. We still have to see pictures of our participation.

The month ended with the Area Coordination Meeting (ACOM) for Area 1, which I had the honor of attending alongside Vice-President, Dr. Glenda Miro Antonio and Past President, Architect Jonathan Zabate. We reviewed the successful activities of September and planned ahead for an exciting October filled with service opportunities and fellowship.

Looking forward to October, we have the following key activities:

1. Regular Meetings:

- October 2, 2024: Past District Governor Lilu Alino will speak on "The Power of Public Image."
- October 16, 2024: RAFI's Anthony Dignadice will share insights on their "One to Tree Program."



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President's Time

2. Basic Life Support Training:

- Led by our very own Rotaract Club Community-Based, this training will be held on October 6, 2024, from 8:00 am to 5:00 pm at the 9th Floor, Community Hall, Executive Building, Cebu City Hall.

3. Medical Mission:

- On October 12, 2024, we will conduct a medical mission for the community in Tabor Hills, Talamban, Cebu City. This medical mission will be spearheaded by Past President, Dr. Josefina Zabate.

4. End Polio Day Joint Club Meeting:

- October 24, 2024, at Café Uno, Waterfront Hotel, hosted by the Rotary Club of Cebu.

5. Rock to End Polio & Fashion Show for Cancer Awareness:

- October 26, 2024, from 3:00 pm to 8:00 pm at the SM City Activity Center. This event, hosted by the Rotary Club of Banilad Metro, will feature a fashion show for Pink October from 5:00 pm to 6:30 pm, which will be sponsored by I Can Serve members.

6. Fellowship Activity:

- On October 30, 2024, from 6:00 pm to 10:00 pm, we will gather for a fellowship evening at either Open Mic along Salvador St., Cebu City, or Casino Español de Cebu—venue to be confirmed by the members.

Let us continue to carry the Magic of Rotary in all that we do. I am confident that with your support, October will be as fulfilling and successful as this past month.

Thank you once again for your dedication, and I look forward to seeing you all in our upcoming activities!

Yours in Rotary Service,



MA. EMMA A. RAMAS

President

Rotary Club of Metro Cebu



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RCMC in Action



RCMC family facilitated and hosted the induction of new officers and members of the Interact Club Sacred Heart School Ateneo de Cebu. The 2nd Turnover and Induction of Officers was held last Sept 7, 10am - 12noon, at the Alice Chiongbian Theater.



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RCMC in Action

RCMC family joining the District's yearly Mangrove Planting activity last Sept. 21, 2024 at Alferez Beach, City of Naga, Cebu



RCMC President Ma. Emma Ramas joining the world cleanup day at her residence last Sept. 21, 2024.



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Secretary's Time

Dear fellow Rotarians,

Greetings!

President Emma has highlighted the significant events last September and the upcoming activities this October.

Thank you for participating in the September activities!

Everybody is enjoined to participate and support especially our upcoming fundraising activity entitled "Generation X" Disco Inferno this coming November 28, 2024.

Tickets are at PhP2000 per person. Proceeds will be for our Poverty Alleviation and Medical Mission projects for the Rotary Year 2024-2025.

Thank you all again for your continued support.

Yours in Rotary,


Atty. Evelyn Trani Nuñez

Secretary

Rotary Club of Metro Cebu



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Upcoming Projects

**CLEAR YOUR SCHEDULE ON THE
FOLLOWING DATES!**

Metro Cebu
Rotary
Club



October 2
Wednesday

Board Meeting/Regular
Meeting

Time: 12:00PM - 2:00PM
Venue: Casino Espanol de Cebu
Assessment Fee: P500



October 6
Sunday

Rotaract BLS Training

Time: 8:00AM - 5:00PM
Venue: 9th Floor, Community Hall,
Cebu City Hall



October 12
Saturday

Medical Mission

Time: 8:00AM - 5:00PM
Venue: Tabor Hills



**CLEAR YOUR SCHEDULE ON THE
FOLLOWING DATES!**

Metro Cebu
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October 16
Wednesday

Board Meeting/Regular
Meeting

Time: 12:00PM - 2:00PM
Venue: Casino Espanol de Cebu
Assessment Fee: P500



October 24
Thursday

Joint Meeting

Time: 11:00PM - 2:00PM
Venue: Cafe Uno, Waterfront Hotel
Assessment Fee: P800

October 26
Saturday

Rock To End Polio

Time: 3:00PM - 8:00PM
Venue: Activity Center, SM City Cebu



Breast Cancer Awareness
Fashion Show

Time: 5:00PM - 6:30PM
Venue: Activity Center, SM City Cebu

October 30
Wednesday

Fellowship

Time: 7:00PM - 10:00PM
Venue: Open Mic, Happy Valley



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RCMC Fundraising Activity

Let's all support our fundraising activity entitled:

GENERATION X DISCO INFERNO

It will be held this coming **NOVEMBER 28, 2024**,
6PM at the Grand Ballroom of the Casino Español de
Cebu.

Amazing local talents will be featured,
headlined by **Ms. Eva Santos**, winner of The
Voice Philippines (Season 1).

**Let us all join, support our club and have
fun!**

Tickets are at PhP2,000 per pax.

**All RCMC members are obliged to buy 2
tickets each.**



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